# TREATMENT

URBAN RETREAT AT **AÏSHTI** BY THE SEA

Marin



## STEP INSIDE URBAN RETREAT AT AÏSHTI BY THE SEA

Acknowledged by many as the ultimate hair, beauty and spa destination in Beirut, Urban Retreat at Aïshti By the Sea is a beauty paradise with a complete range of luxury treatments and services as well as premium retail products from the world's finest beauty houses.

#### CUTTING & STYLING TREATMENTS & MASKS COLOUR STRAIGHTENING & ANTI-FRIZZ THE WIG BOUDOIR HAIR EXTENSIONS

The Urban Retreat Salon is led by Creative Director Andrew Barton. With thirty years in the industry and countless awards to his name including British Hairdresser of the Year, Andrew joined Urban Retreat to lead our already talented team and cement Urban Retreat as the ultimate destination for exquisite colour, exceptional cuts and all over shiny, gorgeous hair.

## HAIR

#### **CUTTING AND STYLING**

Ladies blow-dry	\$20
Coup de peigne	\$10
Ladies cut and blow-dry	\$55
Ladies cut	\$40
Ladies cut and blow-dry with Andrew Barton	\$250
Children's haircut	\$20
Half up style	\$40
Up style	\$60
Bridal hair (from)	\$250
Bridal and Bridesmaid package (including hair and make-up)	\$650

#### TREATMENTS AND MASKS

#### Biologique Recherche

Biologique Recherche has applied its know-how of skin care to hair care to produce a cutting edge range of products, which help to restore and recondition the scalp. The result is a full, shiny head of healthy hair.

Oxygenating and fortifying treatment for short/long hair	\$60/\$75
Sebo-regulator treatment for short/long hair	\$60/\$75
Sebo-regulator treatment for short/long hair (3 sessions)	\$160/\$200
Fortifying treatment with Micro Puncture for short/long hair	\$120/\$150
Fortifying treatment with Micro Puncture for short/long hair (3 sessions)	\$320/\$400

#### L'Oreal Professional

L'Oreal Professionnel's Pro Fiber Recover Masque is part of a long-lasting haircare system that promises to treat your thick, damaged or chemically treated hair.

\$25

\$60

HAIR

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Philip Kingsley

Trichologically driven hair and scalp range. Philip Kingsley products not only address the cosmetic appearance of hair, but also its health and integrity.

Treatment with blow-dry	
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Over the years, Christophe Robin developed services and product range for coloured hair, based on the properties of rare or ancestral natural resources (prickly pear oil, lavender, chamomile and lemon) to offer deep nourishing treatments for hair that also maintain vibrant colour. they are sulfate, paraben, and silicone-free.

Wheat germ mask treatment	\$27
Lavender oil treatment	\$27
Cleansing mask with lemon treatment	\$27
Antioxidant cleansing milk with 4 oils and blueberry treatment	\$27
Regenerating mask with rare prickly pear seed oil	\$27
Treatment with blow-dry	\$70

#### Kérastase

Kérastase technology is distinguished by a unique formulation charter: prototype formulas with powerful active ingredients, high-tech molecular complexes and sensational textures, science inspired by the quest for beautiful hair.

Pixelist for colour-treated hair	\$15
Oleo Fusion for very dry and sensitised hair	\$15
Concentrated Vita-Cement for weak, damaged hair	\$15
Chronologiste hair care	\$80
L'Oréal Professional	
Smartbond on highlights add-on/treatment	\$20/\$35
Smartbond add-on colour/extra dose	\$15/\$7
COLOUR	
Permanent colour roots/full length	\$50/\$65

	400/400
Highlight half head/full head	\$65/\$80
Balayage	\$110
Ladies colour and blow-dry with Tracey Gallagher	\$350

#### Olaplex<sup>™</sup>

A revolutionary re-bonding treatment to strengthen hair from the inside out. Designed to reconnect the sulfur bonds broken by the process of permanent hair colouring and lightening, after just one application hair will be left stronger and more resilient.

Olaplex™	\$60
$Olaplex^{^{\mathrm{TM}}}add$ on to colouring/highlight	\$25

## HAIR

#### STRAIGHTENING AND ANTI-FRIZZ SOLUTIONS

#### **BRAZILIAN BLOWOUT**

Eliminate frizz, tame unruly curls and smooth out waves with this keratin-infused unique blend of red clay, white clay and cocoa. Suitable for coloured hair. If you wish to maintain your blow-dry, we recommend you visit the salon every 10-12 weeks for women and every 7-10 weeks for men.

Fringe	\$50
Short hair men/women	\$100/\$150
Medium hair	\$250
Long hair	\$300
Extra-long hair	\$400

#### HAIR EXTENSIONS

Clip in human hair extensions and wefts (from)	\$250
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BODY TREATMENTS BACK TREATMENTS SLIMMIMG & CELLULITE TREATMENTS MASSAGE TANNING

## BODY

#### **BIOLOGIQUE RECHERCHE BODY**

State of art body treatments are entirely customisable. Designed to firm, tone and sculpt the Body to achieve a harmonious and balanced silhouette, smooth skin, light legs and toned buttocks.

Relaxing massage 60 mins	\$100
Exfoliating P50 "New Skin" 45 mins	\$80
Detoxifying treatment 60 mins	\$130
6 sessions over 2 months	\$650
Anti-C and Slimming Booster Cure 60 mins	\$130
6 sessions over 2 months	\$650
MC 110 Slimming treatment with BR gloves 60 mins	\$130
6 sessions over 2 months	\$650
Body lifting treatment 60 mins	\$130
6 sessions over 2 months	\$650
Stretch marks treatment 60 mins	\$130
6 sessions over 2 months	\$650
<b>CLARINS BODY</b> Clarins has the first innovative body treatment formula that visibly firms, relaxes and	hydrates the skin.
Slimming treatment 60 mins	\$97

Slimming treatment 60 mins	\$97
Hydrating treatment 60 mins	\$97
Relaxing treatment 60 mins	\$97
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#### GUAM

GUAM® Algae's re-mineralising and naturally draining properties help fight cellulite, fatty deposits under the skin and water retention. Guam's patented formula in clinical trials has proven visible results of cellulite reduction and a minimum inch loss of 2 cm after the first application.

Duo seaweed mud wrap 50 mins	\$100
Trio seaweed mud wrap 80 mins	\$130
Scrub 30 mins	\$50

#### THALGO

A world leader in spa teatments, renowned for products that deliver excellent results. Discover the incredible benefits of seaweed for problem skin.. THALGO takes a 360° approach offering a wide range of skincare and bodycare treatments combined with nutritional supplements for a complete solution and added effectiveness.

3 Algae exfoliation and wrap 50 mins	\$100
Aromaceane body wrap 80 mins	\$120
Scrubs 30 mins	\$50
Thalgo slimming and cellulite treatment Frigi Wrap 50 mins	\$100

#### MASSAGE

All our massage therapies are personalised to your needs. All commence with a welcoming touch and hot towel foot cleanse and a choice of scents. Hot towels to the back are incorporated to relax and warm the muscles and to remove excess oil after your treatment.

Reflexology 30 min/50 mins/80 mins	\$50/\$60/\$90
Deep tissue massage 30 mins	\$50
Neck and back treatment 45 mins	\$90

#### **URBAN RETREAT**

Our therapists will target painful areas to relieve, re-align and soothe, and with our award winning products, we can help to soften and smooth your skin as well as firm your figure.

Ultimate back treatment 50 mins	\$90
Personalised massage 30 mins/50 mins/80 mins	\$65/\$100/\$130
Scalp treatment 20 mins	\$35
Paraffin wax 70 mins	\$100
Signature body treatment 80 mins	\$145

#### LAVA SHELL

Tiger clam shells are used to deeply relax and warm tired aching muscles and to alleviate stress. Particular attention is given to the stomach area, where specialist massage movements reduce toxins and bloating to give an effective natural colonic cleanse; a truly relaxing therapy.

#### Massage 50 mins/80 mins

\$110/\$130

#### TANNING

Sienna X's spray tanning solutions have been specifically tailored to suit a wide variety of skin tones, while the addition of skin enhancing ingredients such as Q10, Babassu and Pomegranate seed oil ensure your skin is hydrated and moisturised.

Spray	Tan
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## FACIALS

#### **BIOLOGIQUE RECHERCHE**

Biologique Recherche's Methodology addresses all internal and external factors that affect the skin instant and how they evolve when it treats the epidermis.

Eye patches sur mesure 45 mins	\$35
Fruits acid mask 45 mins	\$70
3 sessions	\$230
Exfoliating mask P50 45 mins	\$90
3 sessions	\$230
Deep cleansing 60 mins	\$90
3 sessions	\$230
Remodeling treatment 60 mins	\$150
Mesotherapy 90 mins	\$200
Lift C.V.S 60 mins	\$130
3 sessions	\$350
Biologique Feerie mask 45 mins	\$70
Luxury triple lift 120 mins	\$220
3 sessions per month including SIL	\$580
Oxygenating VIP O2 45 mins	\$90
3 sessions	\$230
Restructuring and smoothing treatment 60 mins	\$130
3 sessions per month including SIL	\$350

#### CARITA

Known as the anti-aging specialist due to the cutting-edge, avant-garde technology used in its treatments. CARITA today represents unostentatious "glamour", marked by refinement, sophistication and simplicity. This is found just as much in the substance and texture of the products as in the tailor-made service offered at Urban Retreat. (coming soon)

#### Carita signature facial 110 mins

#### **URBAN RETREAT**

Designed with your wellness in mind, our facial begins with a signature welcoming touch before the face is steamed and exfoliated.

\$200

Signature facial with steam and extraction 60 mins/80 mins	\$100/\$120
Mini facial 30 mins	\$60

Clarins is a worldwide skin care company, offering a large selection of skin care items, ranging from hydrating, smoothing and anti-aging treatments.

Hydrating treatment 60 mins	\$97
Smoothing and radiance treatment 60 mins	\$97
Anti-aging treatment 60 mins	\$97

#### CACI

Computer Aided Cosmetology Instrument is renowned as the electronic facelift. A pain-free non-surgical face lift treatment that tones the muscles, smoothes away fine lines and wrinkles and prevents sagging skin. (coming soon)

Lifting facial 60 mins	\$115
6 sessions/ 12 sessions	\$550/\$1,040
Healing facial 60 mins	\$115
6 sessions	\$575
Ultimate lifting and healing facial 90 mins	\$180

#### **GUINOT**

With over 40 years of experience, Guinot's wealth of knowledge and deep understanding of skin will yield the full effectiveness of every product used to leave skin revitalised and deeply cleansed.

Age summum treatment 50 mins	\$90
Hydraclean deep cleansing treatment 40 mins	\$60
Aromatic facial 50 mins	\$90
Hydradermie lift eyes 40 mins	\$90
Hydradermie facial 65 mins	\$125
Hydradermie deluxe anti-aging treatment 80 mins	\$150
Beauté Neuve double peeling facial 50 mins	\$115
Liftosome facial 50 mins	\$115

#### SISLEY

The French luxury family-owned company creates the highest quality skincare, body care, sun care and make-up products, combining the best of nature and science. Sisley's skincare expertise is rooted in phytotherapy and aromatherapy, the use of natural plant extracts and essential oils in beauty products.

Integral anti-aging treatment 60 mins	\$195
Supreme anti-aging facial 60 mins	\$235
Supreme anti-aging with eye treatment 90 mins	\$295

# **JRBAN RETREAT AT AÏSHTI BY THI**

## VALMONT

Since its creation, Valmont has dedicated its savoir-faire to the field of anti-aging, offering professional treatments that combine expertise, high-performance products and precise gestures. Featuring unique and exclusive care protocols, Valmont treatments stand out from all others thanks to the "butterfly motion" that sets the tone for each program.

A world away from traditional beauty care, Valmont treatments are composed like a symphony. The cadence of the movements reconciles opposites; it is at once enchanting and unexpected. The client leaves both relaxed and invigorated, the skin well rested and reawakened.

Each beauty ritual benefits from its own iconic treatment, with a name inspired by the brand's Swiss heritage.

Source of Bisses, Vitality of the Glaciers, Brightness of Ice... Lose yourself in a journey of initiation and travel to the heart of Valmont's homeland.



## FACIALS

Hyd Ritual: Source of Bisses mini care 30-35 min	\$95	
Hyd Ritual: Source of Bisses complete 60-80 min	\$255	
Hyd Ritual: Source of Bisses intensive 80-95 min	\$286	
Radiance Ritual: Brightness of Ice mini care 30-35 min	\$95	
Radiance Ritual: Brightness of Ice complete 60-80 min	\$276	
Radiance Ritual: Brightness of Ice intensive 80-90 min	\$326	
Anti-wrinkles Ritual: Peaks of Firmness mini care 30-35 min	\$95	
Anti-wrinkles Ritual: Peaks of Firmness complete 60-80min	\$255	
Anti-wrinkles Ritual: Peaks of Firmness intensive 80-95 min	\$286	
Energy Ritual: Vitality of the Glaciers mini care prom 30-35 min	\$95	
Energy Ritual: Vitality of the Glaciers complete 60-80 min	\$255	
Energy Ritual: Vitality of the Glaciers intensive 80-90 min	\$286	
Eye Treatment: Reflections On a Frozen Lake complete 60-80 min	\$133	

World class professional make-up artists are rarely bound by one brand. They utilise the best make-up to create a desired look based on their inspiration and a client's brief. Celebrity and VIP clients expect make-up artists to assist in wardrobe dressing, imparting insider hints and tricks on how to maintain the look, as well advising on the best make-up for their skin type.

So, inspired by the independent ethos of leading make-up artists, The Make-Up Salon at Urban Retreat has been created to deliver to you a unique personalised make-up experience never before seen in a retail setting.

When you visit The Make-Up Salon, you will be greeted by an expert artist trained in all available brands, meaning that the advice and service you receive will not only be impartial but you can be sure the products you are recommended are the ones right for you.

Services range from special event make-up andbespoke lessons all the way to bridal make-up.



## MAKE-UP

Red I ( Magazore )

Full make-up session	\$80
Eye make-up	\$30
Party look flare lashes	\$20
Bespoke make-up lesson	\$110
Bridal make-up	\$250
Bridesmaid make-up	\$175

The Eye Zone at Urban Retreat offers a complete range of brow, lash and threading based services to frame the face and eyes and enhance your natural beauty. Whether you are looking for perfectly preened brows or a fuller natural looking lash, our team of experts have been trained in the latest and most up to date techniques.

#### **ESSENTIAL GROOMING**

Lash tint	\$20
Brow shape	\$10
Brow tint (including a relaxing hand massage while tint develops)	\$15
Brow and lash tint	\$30
Brow shape with brow and lash tint	\$42
Brow shape and brow tint	\$22
Brow shape and lash tint	\$27
Chin thread	\$6
Lip thread	\$6
Chin and lip thread	\$10
Chin and neck thread	\$15
Forehead	\$10
Sides / cheeks	\$10
Half face (excluding brows, including upper and lower lip, chin and sides of face)	\$15
Full face including brows	\$20
Luxury full face thread	\$30

THREADING LASH EXTENSIONS



## HAIR REMOVAL

WAXING LASER HAIR REMOVAL

### HAIR REMOVAL

Urban Retreat offers the most popular forms of hair removal. Our trained therapists and medical aestheticians will consult with you to ensure you choose the right method.

#### WAXING

Our highly trained waxing specialists are trained in both hot wax and strip wax application. We use Outback Gold, a soft buttery wax which shrink wraps each hair to effectively remove it from the root and makes it suitable for even the shortest of hair and the most sensitive of skins. In order to achieve the desired result, your therapist may use one or both techniques. Each treatment starts and finishes with Outback Organics pre and post waxing products, which fuse the latest cosmetic ingredients with innovative natural extracts from the coastline, forests and bush lands of Australia to soothe, reduce redness and help prevent ingrown hairs. Outback Organics aftercare is also available. For your comfort you will be provided with disposable underwear and a hygiene wipe.

Thong bikini	\$13
Extended bikini (Brazilian or Hollywood)	\$20
Underarm	\$10
Half arm	\$10
Full arm	\$13
Full leg	\$23
Half leg	\$16
Female chest and stomach	\$20
Female back	\$20
Lip or chin	\$10
Full face	\$25
Full body	\$66

#### LASER HAIR REMOVAL

For prices please check our leaflet at our reception desk.



TREATMENTS MANICURES PEDICURES ACRYLICS We offer a full range of services for the hands and feet, which includes a selection of manicures and pedicures

## HANDS AND FEET TREATMENTS

Tri-Enzyme mask treatment	\$10
Callus peel hard skin eliminator treatment	\$10
Foot massage	\$10
Biologique Recherche	
Lifting and moisturising hands treatment	\$50
Revitalising and anti-aging pigmentation nands treatment	\$50
Perfect legs / foot treatment	\$60
Package hands and feet	\$80
MANICURES	
Shape and re-varnish	\$10
Custom manicure	\$15
mmaculate manicure	\$25
False nails	\$30
Everlasting manicure	\$30
Everlasting manicure removal	\$8

#### PEDICURES

Shape and re-varnish	\$10
Custom pedicure	\$20
Pristine pedicure	\$35
Everlasting pedicure	\$40
Everlasting pedicure removal	\$8

#### ACRYLICS

Full set / French or natural	\$70
Infills / French or natural	\$35
Nail repair	\$5
Acrylic form / overlay for natural nail / per nail	\$5
Acrylic removal	\$40
ESSIE	
Essie Gel Couture Pose	\$15
Essie Gel Couture Manicure	\$20
Essie Gel Couture pedicure	\$25





Our treatments, unless otherwise stated, can be for both women and men. But we know that sometimes, men's needs are slightly different, so we created a core range of male-specific treatments.

## MEN'S GROOMING

Manicure	\$12
Pedicure	\$18
SHAVING	
Wet shave	\$10

Brows	\$10
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## HAIRCUT

Men's haircut	\$30

## WAX HAIR REMOVAL

Full arms	\$20
Shoulders	\$15
Chest	\$20
Back	\$35
Lower back	\$15
Full legs	\$30

MEN'S GROOMING SHAVING HAIRCUT

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## **SHAPEURBODY**

## GYM & CLASS PACKAGES

(Include V.A.T.)

MEMBERSHIPS (access to gym, all classes & pool)		
1 MONTH	\$250	incl \$50 in spa services
6 MONTHS	\$1350	incl \$270 in spa services
1 YEAR SINGLE	\$2500	incl \$500 in spa services
1 YEAR COUPLE	\$4200	incl \$420 in spa services
1 YEAR FAMILY 3+	20% off total	incl 20% in spa services
CLASS PACKAGES		
1 PASS	\$20	
5 PASS	\$100	

\$190

\$350

## **SHAPE RBODY**

## **PT PACKAGES**

(Include V.A.T.)

#### **ONE ON ONE PT PACKAGES**

1PT	\$70		
5 PT	\$325	incl \$65 in s	spa services
10 PT	\$625	incl \$125 in s	spa services
20 PT	\$1200	incl \$240 in s	spa services
GROUP PT PACKAGES			
DUO PT		\$90	\$45/Ind
5 DUO PT		\$400	\$200/Ind
PT FOR 3		\$105	\$35/Ind
PT FOR 4		\$120	\$30/Ind

10 PASS

20 PASS



----0 **URBAN RETREAT** Langes Private Events Light breakfast Brunch Lunch Afternoon tea **S**moothies Juices

36 UR CAFÉ

37 UR CAFÉ

## URBAN RETREAT

BROWS COSMETICS FACIALS GYM HAIR SALON LASER MAKE-UP MANICURE & PEDICURE MASSAGE MEN'S BARBER PRIVATE SUITE TRICHOLOGY UR CAFE WAXING

## Your Experience

We want you to get the maximum benefit from your experience with us at Urban Retreat. The general information and guidelines below will help you achieve this. Walk into the Urban Retreat and you will be greeted by the reception team who will check you in and show you to your service waiting area.

#### **BOOKING CONFIRMATIONS**

Urban Retreat confirms all client bookings via phone. We would ask that you cooperate with our reservations team when they ask for the details.

#### YOUR ARRIVAL

Arriving early is a great idea as you can take your time and relax before your appointment. You may want to take some refreshments in the Urban Retreat Café adjacent to the salon, spend time browsing in The Make-Up Salon or in our retail emporium.

#### LATE ARRIVALS

Depending on your arrival time we will determine how much of the service we are able to offer. We will do everything we can to accommodate late arrivals, but in some circumstances appointments may have to be rescheduled.

#### APPOINTMENT TIMES

All appointment times quoted are hands on with your therapist.

#### PERSONAL BELONGINGS

We cannot take responsibility for any handbags, purses or valuables.

#### HEALTH CONCERNS

Please let us know before your treatment if you have any concerns regarding your health or well-being including if you are currently being treated for any ongoing medical condition. Please notify us upon booking if you are pregnant so that we can advise on treatments and customise techniques that are safe for pregnancy. For your comfort we have a no smoking policy throughout the spa.

#### PATCH TESTS

Patch Tests are required on certain services including spray tanning, eyelash tinting, brow tinting, laser hair removal, semi-permanent make-up, skin perfecting laser treatment and for any semi-permanent colour or hair tint. In most cases these are 24 or 48 hours in advance, but please ask your customer service advisor for more information. In the rare instance that you may experience a reaction, we ask that you inform Urban Retreat within 24 hours.

#### QUIET

To make the most out of your time with us and with respect for other guests, please ensure your mobile phone is switched off during your visit.

#### CHILDREN

Children under the age of 14 are not permitted in the salon unaccompanied by an adult. We may have to refuse service if the child will be unaccompanied. Children under the age of 10 (except for children's haircuts) are not permitted to receive services. Children under the age of 16 are not permitted to receive hair tints or intimate waxing. Children are not permitted in a treatment room, and no children are permitted to accompany their parents into a treatment room.

#### FEEDBACK

We endeavour to make sure all of our clients receive the very best service and experience possible, and your feedback is extremely important to us. If you would like to share your positive experiences, offer thoughts and suggestions or let us know when something has not reached your expectations, we would love to hear from you.

#### CANCELLATIONS

If you need to cancel or reschedule your appointment you must let us know before 5pm the day prior to your appointment.





FOURTH FLOOR, AÏSHTI BY THE SEA ANTELIAS

> MONDAY - SATURDAY 10AM - 8PM

FOR ALL YOUR BOOKINGS AND ENQUIRIES TELEPHONE 04 711 940

> FOLLOW US ON: @urban\_retreat\_aishti